



Yavapai County

Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."



**For Immediate Release
February 7, 2022**

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COVID-19 UPDATE: Monday February 7, 2022

Harvard Study: Healthy diet associated with lower COVID-19 risk and severity

Here's more incentive to eat a healthy diet: it's associated with a reduced risk of developing COVID-19 and its serious complications, according to a study published. Researchers asked about 593,000 adults (mostly middle-aged and older) what they ate in February 2020, and then followed their health through September. Scientists found that people who reported eating the most fruits, vegetables, and legumes had a 9% lower risk of getting COVID and a 41% lower risk of developing severe COVID during the study period, compared with people who reported eating the least fruits and vegetables. "Although we cannot emphasize enough the importance of getting vaccinated and wearing a mask in crowded indoor settings, our study suggests that individuals can also potentially reduce their risk of getting COVID-19 or having poor outcomes by paying attention to their diet," says co-senior author Andrew Chan. Source: www.health.harvard.edu

YRMC Community COVID Vaccine Walk-In Center: Monday through Friday 8am to 5pm

Frontier Village Center, Suite 49, 1781 E Hwy 69, Prescott, AZ 86301

Offering COVID Moderna primary series and booster vaccines to adults 18+, no appointment necessary.

Visit ymcvax.org or call 928-708-4556 for more information.

For future testing, please visit new testing sites listed below:

Prescott Date: Monday-Friday. **Time:** 8:00am-5:30pm. **Location:** Pioneer Park Front Parking Lot, 1200 Commerce Dr, Prescott. PCR test currently, rapid test coming soon. Drive through testing.

Prescott Valley Date: Monday-Friday. **Time:** 8:00 am-5:30 pm. **Location:** Humboldt Unified School District Office, 6411 N. Robert Road, Prescott Valley. PCR test currently, rapid test coming soon. Drive through testing.

Cottonwood Date: Monday-Friday. **Time:** 8:00am-5:30pm. **Location:** 300 South Willard St Cottonwood, AZ 86326. PCR test currently, rapid test coming soon.

Camp Verde: Monday-Friday. **Time:** 8:00am-5:30pm. **Location:** 1298 W Finnie Flat Rd Camp Verde, AZ 86322. PCR test currently, rapid test coming soon.

COVID-19 Free Testing Sites: We ask that you wear a mask at our testing sites and that you only come to be tested if you are symptomatic or have been recently exposed to Covid-19. Please check our Facebook page for cancellations due to extreme weather: www.facebook.com/YCCHS

Yavapai County reports 1,093 COVID-19 Cases and 6 Deaths since Friday, February 4, 2022. The county has tested 134,756 residents for COVID-19 in the past 6 months, and there have been 46,213 positive cases and 1,093 deaths since the beginning of the pandemic. Yavapai Regional Medical Center reports **72** COVID-patients, VVMC reports **20** patients, and the VA reports **4** patients. The County is still experiencing high transmission of COVID-19 with a **30.8%** positivity rate and 785 cases per 100,000 residents for the week ending January 23, 2022. If you are experiencing symptoms of COVID-19 or what seems to be a bad cold, please get tested for COVID-19 and/or Flu. **ADHS COVID-19 Hotline – (844) 542-8201** (select option number eight) – help in English and Spanish from 8 a.m. to 5 p.m. seven days a week, except for major holidays.

Yavapai County Stats on Vaccinated vs. Unvaccinated COVID-19 Cases since
May 1, 2021, thru February 4, 2022

Please note: ADHS now includes data on boosters and counts 5–12-year-olds.

Vaccination Status	Number	Percent
Vaccinated	4163	15.9
Plus Booster	746	2.8
Unvaccinated	21337	81.3
Total	26246	100.0

Age	Vaccinated	Plus Booster	Unvaccinated	% Unvacc'd
5 to 12	35	0	1458	97.7
13 to 17	164	3	1455	89.7
18 to 24	286	27	2160	87.3
25 to 34	427	43	3014	86.5
35 to 44	519	67	2929	83.3
45 to 54	565	89	2875	80.4
55 to 64	775	146	3197	77.6
65 to 74	835	222	72.2	74.6
75 to 84	432	123	1314	70.3
85 and older	125	26	397	72.5

Average Age	Vaccinated	Plus Booster	Unvaccinated
All	52.8	60.9	43.9
Hospitalized	71.3	75.7	64.0
Died	79.1	77.5*	71.4

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