

**TOWN COUNCIL OF DEWEY-HUMBOLDT
STUDY SESSION MEETING NOTICE**

Tuesday, December 12, 2017 6:30 P.M.

**COUNCIL STUDY SESSION MEETING
2735 S. HWY 69**

**COUNCIL CHAMBERS, TOWN HALL
DEWEY-HUMBOLDT, ARIZONA**

AGENDA SUMMARY

1. **Call To Order.** Mayor Nolan called the meeting to order at 6:30 p.m.
2. **Roll Call.** Town Council Members, John Hughes, Doug Treadway, Victoria Wendt and Mayor Terry Nolan were present. Council Member Amy Timmons arrived late at 6:42 p.m. Council Members Jack Hamilton and Vice Mayor Mark McBrady were absent.
3. **Study Session.** No legal action to be taken.

3.1. Mayer Area Meals on Wheels Report. [per Accountability Contract]

Christy Lambertus, Director at Mayer Area Meals on Wheels, gave an oral presentation for Mayer Area Meals on Wheels. They have been serving D-H since 2007. From July to November, they served 655 meals to their D-H clients, which is approximately \$3,815. They have driven 3,952 miles, with 1,068 reimbursed to the drivers, for a total of \$288.39. This is .27/mile (Federal Standard is .14/mile). NACOG has a waiting list to get people signed up because there isn't anyone in the area to do evaluations.

Mayor Nolan asked if this is three meals/day? Ms. Lambertus stated it is one meal/day, Monday-Friday. They also get a half gallon of milk and a loaf of bread on Mondays. They have a lot of people that are supporting them. Mayor Nolan asked if they had enough drivers? Ms. Lambertus said yes they do right now.

CM Treadway thanked them for a very worthwhile program and inquired as to the number of individuals on the waiting list and if NACOG is aware? Ms. Lambertus stated they have about seventeen. NACOG started the waiting list and will be adding an evaluator as soon as possible. CM Treadway inquired about MAMOW's Federal Government Budget for 2018 and if MAMOW could be adversely affected. Ms. Lambertus stated they haven't heard anything yet, but that it shouldn't affect them as much as other programs, however, they are preparing for that.

CM Wendt thanked them for coming in to the meeting.

Mayor Nolan stated that we appreciate everything they do for the community.

3.2. West Yavapai Guidance Clinic Crisis Unit Presentation. [Approved by Council at the November 7, 2017 Meeting]

Laura Norman, with West Yavapai Guidance Clinic, gave an oral presentation on the clinic. Ms. Norman has been with WYGC for 21 years. This is not an accountability report. She stated it is important for town leaders to know what is available to the community members. The clinic is a huge improvement in services for people who are struggling with mental health or addiction issues. The council supported a request in 2007-08 to give money to help them build a psychiatric hospital in PV and it opened in September 2008. It has saved lives and kept people here locally. It serves all of Western Yavapai County and beyond. The Crisis Stabilization Unit is 8655 E. Eastridge Drive in PV and is open 24/7. There is an outpatient counseling center which conducts assessments; provides an observation area, and eight in-patient beds. From its opening on June 21, 2017 through November, they have had 1,155 people come in, of that law enforcement has

brought in 136. Opioids and alcohol are the main reasons people come in, prescription drugs and suicidality are some of the other reasons. They have three goals 1) to provide better care; 2) to keep people out of jail; and 3) to keep them out of the ERs. They now have paramedics there and individuals can get the best level of care available. This will save the healthcare system money.

Mayor Nolan inquired if the 45-day alcohol and drug program is enough treatment time. Ms. Norman stated that is the standard, it is more of a month-long program. After they finish the drug (Hillside) program, there is an extensive out-patient program for the patients. They have a very high completion rate, but is also hard to track people over time. They have a Federal Grant for the Hillside program and it gives priority to pregnant women, then IV drug users and then parents. They are starting a new project on the opioid/heroin problem which uses medication-assisted therapy, with required drug testing and counseling. They are looking to partner with Southwest Behavioral Health and Yavapai Regional Medical Center.

CM Treadway inquired about the percentage of opioid vs. alcohol cases. Ms. Norman didn't have those statistics, but said they see the most with opioid, alcohol and meth addiction with even numbers for young men and women. CM Treadway inquired as to the primary source of funding? Ms. Norman stated the primary source of funding comes from Arizona Health Care Cost System. There was discussion of concern regarding Federal funding and Ms. Norman confirmed this. CM Treadway spoke of his appreciation for the program.

CM Wendt inquired about involuntary treatment. Ms. Norman stated they only serve voluntary patients. There is a different agency called Pronghorn Psychiatry that handles patients that are a danger to themselves.

Mayor Nolan asked if they have any recovery statistics? Ms. Norman stated that they rely on National statistics. She stated more research needs to be done on brain chemistry, and hopefully it will be coming in the future.

CM Hughes thanked Ms. Norman for the information and for opening up the Crisis Stabilization Unit in PV for the citizens in our area.

Mayor Nolan asked if the program tracks veterans? Ms. Norman stated they do, but she didn't have the information with her and would email that to the Mayor.

4. **Special Session.** Legal action can be taken.

4.1. Whether to hold additional special session(s) this month. This is an established agenda item for Council's discussion on whether to add an additional special study session and if so, to set the date.

Mayor Nolan stated that we do not need to hold a special session this month.

5. **Adjourn.** The meeting was adjourned at 6:59 p.m.